

- APPETIZERS -

FOCACCIA DEL CARMEN	3.500
TOMATO + MOZZARELLA + OLIVES + PESTO + ROSEMARY + GRANA PADANO	
DIP TO SHARE	3.500
CHICKPEA WITH BEET HUMMUS + FOCACCIA	
GUACAMOLE WITH PATACONES	4.500
TACOS DUO	4.000
HOMEMADE CORN TORTILLAS + CHICKEN OR WHITE FISH + SAUCE TO CHOOSE	
CALAMARI RINGS	5.500
BREADED IN PANKO + PASSION FRUIT & PINEAPPLE SAUCE	
FLAMBÉ SHRIMP WITH COCKTAIL SAUCE	6.000
TARTAR TROPICAL DE ATÚN	6.000
AVOCADO + MANGO + ORANGE + ALMOND + TROPICAL DRESSING + FOCACCIA	
SUSHI ROLL	6.000
8 URAMAKI-STYLE ROLLS + TUNA OR WHITE FISH	

- SPORTBAR -

NUGGETS	5.500
PANKO BREADED CHICKEN + HOMEMADE CHIPOTLE SAUCE	
MIXED QUESADILLAS	4.500
WHEAT TORTILLA + CHICKEN + BEEF + CHEESE + GUACAMOLE	
FISH & CHIPS	8.000
WHITE FISH FILLET IN TEMPURA + FRIES + TARTAR SAUCE	
NACHO FRIES	6.000
PAPAS FRITAS + CARNE MOLIDA + SALSA DE QUESO CHEDDAR + PICO DE GALLO + CEBOLLINO + JALAPEÑO + NATILLA	

- TRADITIONAL COSTA RICAN -

CHIFRIJO.....5.000
RICE + BEANS + CHICHARRÓN + AVOCADO + PICO DE GALLO + PATACONES

-CEVICHE- COOKED TO ORDER OR WELL COOKED + PATACONES

WHITE FISH.....6.500
SHRIMP.....7.500
OCTOPUS.....8.000
MIXED.....8.500

CATCH OF THE DAY.....9.000
WHITE FISH FILLET TO YOUR PREFERENCE: GRILLED OR GARLIC + SEASONAL SIDES

CATCH OF THE DAY WITH SHRIMPS.....11.000
WHITE FISH FILLET + SHRIMP SAUCE + SEASONAL SIDES

SHRIMP RICE.....8.000
COOKED IN SEAFOOD STOCK + SHRIMPS + PATACONES + SALAD

SEAFOOD RICE.....9.000
COOKED IN SEAFOOD STOCK + SHRIMPS/CRAB/WHITE FISH/CALAMARI/MUSSELS +
PATACONES + SALAD

COSTA RICAN CHICKEN & RICE.....6.500
TRADITIONAL CHICKEN WITH RICE + PATACONES + SALAD

WHOLE FISH.....PRICE BY WEIGHT
FRIED WHOLE FISH + BUTTER & WHITE WINE SAUCE + CAJUN POTATO WEDGES + HERB
MAYO + SALAD

SEAFOOD PLATTER.....20.000
PERFECT FOR SHARING: BREADED CALAMARI RINGS + GARLIC OCTOPUS + BREADED
FISH + SAUTÉED SHRIMP + HOMEMADE SPICY SAUCE + GUACAMOLE + PATACONES

- EL CARMEN SPECIALS -

MASTER CUT GRILLED STEAK.....PRICE BY WEIGHT
OUR SIGNATURE BEEF CUT + DEMI-GLACE OR MUSHROOM SAUCE + CAJUN POTATO WEDGES

SURF & TURF.....PRICE BY WEIGHT
SIGNATURE BEEF CUT + SHRIMP SAUCE + CAJUN POTATO WEDGES

COCO-CURRY.....10.000
GRILLED CHICKEN OR WHITE FISH (+ 1.000) IN COCONUT CURRY SAUCE + JASMINE RICE + VEGETABLES

CHICKEN FETTUCINE.....12.000
HOMEMADE FRESH PASTA + GRILLED CHICKEN IN MUSHROOM SAUCE + FRESH MUSHROOMS + CRISPY BACON + GRANA PADANO + FOCACCIA

SHRIMP FETTUCINE.....13.000
HOMEMADE FRESH PASTA + SAUTÉED SHRIMPS IN CREAMY LEMON SAUCE + GRANA PADANO + FOCACCIA

BOLOGNESE RAGÚ PASTA.....11.000
HOMEMADE FRESH PASTA + PREMIUM ANGUS GROUND BEEF + RAGÚ SAUCE + PARMESAN CHEESE + FOCACCIA

CHEF'S TATAKI.....8.000
FRESH SESAME-CRUSTED TUNA + BABA GANOUSH + CASHEWS

TUNA STEAK.....12.000
SESAME-CRUSTED TUNA FILLET + CAJUN POTATO WEDGES + SALAD

GALICIAN-STYLE OCTOPUS.....13.000
COOKED OCTOPUS + GARLIC POTATOES + MEDITERRANEAN-STYLE SAUCE + SALAD

CARIBBEAN SEAFOOD SOUP.....12.000
SEAFOOD STOCK + COCONUT MILK + SHRIMP/CRAB/WHITE FISH/CALAMARI/MUSSELS + PANAMANIAN CHILI

- ENSALADAS -

MY TROPICAL LOVE.....6.500
MIXED GREENS + MANGO + AVOCADO + ORANGE + CARAMELIZED ALMONDS + QUINOA +
TOASTED SUNFLOWER SEEDS + DRIED CRANBERRIES + CHERRY TOMATO + CARROT +
PURPLE CABBAGE + PASSION FRUIT DRESSING

MEDITERRANEAN GARDEN.....6.500
MIXED GREENS + FALAFEL + CUCUMBER + CHERRY TOMATO + RED ONION + OLIVES +
TZATZIKI DRESSING

-CLASSIC CESAR SALAD-

LETTUCE + HOMEMADE CAESAR DRESSING + CRISPY BACON + CROUTONS + BLACK
OLIVES + GRANA PADANO) *DRESSING CONTAINS FISH*

CHICKEN.....7.500
FISH.....8.000
SHRIMP.....9.000

- PIZZAS -

HOMEMADE SOURDOUGH BIGA - HAND-STRETCHED - WOOD-FIRED OVEN

MARGARITA.....7.500
HOMEMADE TOMATO SAUCE + MOZZARELLA + BASIL

HAM & CHEESE.....8.000
HOMEMADE TOMATO SAUCE + MOZZARELLA + LEG HAM

REGINA.....8.500
HOMEMADE TOMATO SAUCE + MOZZARELLA + LEG HAM + FRESH MUSHROOMS +
BLACK OLIVES

DOLCE VITA.....8.000
HOMEMADE TOMATO SAUCE + MOZZARELLA + ROASTED TOMATO + ARUGULA +
KALAMATA + GRANA PADANO + BALSAMIC REDUCTION

PROSCIUTTO.....10.500
HOMEMADE TOMATO SAUCE + MOZZARELLA + PROSCIUTTO + ARUGULA + GRANA
PADANO + BALSAMIC REDUCTION

QUATTRO FORMAGGI.....9.000
WHITE PIZZA + MOZZARELLA + GORGONZOLA + GRANA PADANO +
PROVOLONE + GOAT CHEESE

PEPPERONI.....8.500
HOMEMADE TOMATO SAUCE + MOZZARELLA + PEPPERONI

HAWAIIAN.....8.500
HOMEMADE TOMATO SAUCE + MOZZARELLA + LEG HAM + ROASTED PINEAPPLE

- NUESTRAS FAVORITAS -

SHRIMP LOVER.....9.000
HOMEMADE TOMATO SAUCE + MOZZARELLA + SAUTÉED SHRIMPS + ROASTED GARLIC +
PARSLEY

SUPREME.....9.500
HOMEMADE TOMATO SAUCE + MOZZARELLA + GRILLED CHICKEN + CRISPY BACON +
PREMIUM ANGUS GROUND BEEF + BBQ SAUCE + BELL PEPPER +
BLACK OLIVES + OREGANO

DULCE CABRITA.....9.500
WHITE PIZZA + MOZZARELLA + PROVOLONE + GOAT CHEESE + CRISPY BACON + ARUGU-
LA + RED ONION + HONEY + BALSAMIC VINEGAR

SPICY TIJUANA.....9.000
TEX-MEX STYLE: HOMEMADE TOMATO SAUCE + MOZZARELLA + CRISPY BACON + PRE-
MIUM ANGUS GROUND BEEF + AVOCADO + RED ONION + JALAPEÑO

- BURGERS -

HOMEMADE BRIOCHE BUN + FRENCH FRIES

VEGGIE BURGER.....7.500
VEGAN PATTY + VEGAN GOUDA + AVOCADO + LETTUCE + TOMATO + RED ONION +
BEET HUMMUS

FISH BURGER.....9.000
BREADED FISH + CHEESE + AVOCADO + ARUGULA + TOMATO + RED ONION +
TARTAR SAUCE

CRISPY CHICKEN BURGER.....8.500
BREADED CHICKEN + CHEESE + CRISPY BACON + LETTUCE + TOMATO + RED ONION +
BBQ SAUCE

DOUBLE CHEESE BURGER.....7.500
DOUBLE PREMIUM ANGUS PATTY + DOUBLE CHEESE + BURGER SAUCE + LETTUCE

OLD SCHOOL BURGER.....8.000
PREMIUM ANGUS PATTY + CHEESE + LETTUCE + TOMATO + PICKLES + CARAMELIZED
ONION + BURGER SAUCE

TROPICAL BURGER.....8.500
PREMIUM ANGUS PATTY + CHEESE + CRISPY BACON + LETTUCE + TOMATO + CARAMELI-
ZED PINEAPPLE + CARAMELIZED ONION + BURGER SAUCE

BLUE CHEESE N' BACON BURGER.....8.500
PREMIUM ANGUS PATTY + CHEESE + CRISPY BACON + GORGONZOLA + RED ONION +
LETTUCE + TOMATO + BURGER SAUCE

BIG MAE BURGER.....8.500
PREMIUM ANGUS PATTY + CHEESE + CRISPY BACON + FRESH MUSHROOMS + CARAME-
LIZED ONION + ARUGULA + PICKLES + BURGER SAUCE

FRENCH FRIES.....3.000
COCONUT & CHIVE MAYO + KETCHUP

- DESSERTS -

REPOSTERÍA FRESCA HECHA EN CASA

SUMMER PLEASURE.....	3.500
COCONUT ICE CREAM + FRUITS + FRESH FRUIT COULIS + CHANTILLY	
CHOCOLATE FONDANT.....	4.000
WITH CRÈME ANGLAISE + STRAWBERRY + ALMOND CRUNCH + CHANTILLY)	
CREME BRULEE.....	3.300
WITH ALMOND CRUNCH + ORANGE ZEST	
FOREST FRUITS CHEESECAKE.....	4.000
WITH FRESH FRUITS + LEMON ZEST + CHANTILLY + RED BERRY COULIS	
CHOCOLATE & PECAN COOKIE.....	1.200

- KIDS MENU -

EXCLUSIVE FOR CHILDREN UNDER 12 YEARS OLD *NO SEASONINGS*

SPAGHETTI.....	4.500
WELL-COOKED PASTA + BUTTER OR POMODORO SAUCE + GRANA PADANO	
CHICKEN NUGGETS + FRENCH FRIES.....	5.000
MINI BURGER.....	5.000
HOMEMADE MINI BUN + MINI ANGUS PATTY + CHEESE + FRENCH FRIES	
VANILLA ICE CREAM.....	2.000
WITH CHOCOLATE SYRUP + STRAWBERRIES	
ICE CREAM SELECTION.....	FROM 500
ASK FOR DOS PINOS ICE CREAMS & POPSICLES	

13% VAT NOT INCLUDED - 10% SERVICE NOT INCLUDED

- NON-ALCOHOLIC BEVERAGES -

SELECCIÓN DE BEBIDAS FRÍAS Y CALIENTES

WATER SMOOTHIE (16OZ).....2.700

MILK SMOOTHIE (16OZ).....3.000

(MAX. 3 FRUITS) PAPAYA / MANGO / PINEAPPLE / PASSION FRUIT / STRAWBERRY /
BANANA / WATERMELON / RED BERRIES / LIME / SOURSOP / CAS (SOUR GUAVA)

PLANT-BASED MILK: ALMOND / COCONUT / SOY / AT + 600

- SPECIAL SMOOTHIES (16OZ) -

VERDE VIDA.....3.300

COCONUT WATER + PINEAPPLE + MANGO + KALE & SPINACH

CUZCO.....3.300

ALMOND MILK + BANANA + CACAO + PEANUT BUTTER + CINNAMON & CACAO NIBS

PURE DETOX.....3.300

PINEAPPLE + CUCUMBER + PARSLEY + SPINACH + KALE + GINGER + ORANGE JUICE &
LIME JUICE

- HOUSE SPECIALTIES (16OZ) -

COLD BLACK TEA INFUSION WITH LEMON.....2.500

COLD TAMARIND & GINGER INFUSION.....2.700

COLD HIBISCUS INFUSION.....2.500

CLASSIC LEMONADE.....2.200

SPECIAL LEMONADE.....2.700

MINT & GINGER / RED BERRIES / STRAWBERRY / PASSION FRUIT

DRAGÓN DE MAR.....3.200
LEMONADE WITH PITAHAYA + GINGER + PASSION FRUIT & HONEY

MOCKTAILS (12OZ).....3.000
VIRGIN MARY / VIRGIN PIÑA COLADA / VIRGIN MOJITO / VIRGIN DAIQUIRI / SHIRLEY
TEMPLE

100% ORANGE JUICE (100Z).....1.700

- WATERS -

ECO BOTTLE (1/2 L).....1.600
GLASS BOTTLE WITH 100% PURIFIED WATER (STILL OR SPARKLING)

WE ARE COMMITTED TO THE ENVIRONMENT: THEREFORE, WE SELL THIS GLASS
BOTTLE WITH FREE WATER REFILLS AND DO NOT SELL PLASTIC. JOIN THE CHANGE!

SAN PELLEGRINO (750ML).....3.500

SOFT DRINKS (350ML).....2.000
COCACOLA / PEPSI / FANTA / GINGERALE / FRESCA / AGUA TÓNICA / SODA

GATORADE (600ML).....2.300

- HOT TEA & INFUSIONS (80Z) -

ORGANIC TEA.....1.700
GREEN / CHAMOMILE / ENGLISH BREAKFAST / EARL GREY / RED FRUITS / SPEARMINT

REVIVAL TEA2.300
GINGER + LEMON + SPEARMINT & HONEY

TÉ MATCHA.....2.500
WITH MILK OR WATER

- SPECIALTY COFFEE -

EXPLORE HIGH-QUALITY COSTA RICAN COFFEE FROM FARM TO CUP!

BLACK COFFEE.....	1.500
COFFEE WITH MILK (8OZ).....	2.000
ESPRESSO SENCILLO	1.300
ESPRESSO DOBLE	2.000
AMERICANO (8OZ).....	1.700
CAPPUCCINO (8OZ).....	2.500
LATTE (12OZ).....	3.000

CHOOSE YOUR MILK: ALMOND / COCONUT / SOY / OAT + 600

ALMENDRA / COCO / SOYA / AVENA

EXTRA-FLAVORS +500

CARAMEL / VANILLA / HAZELNUT / AMARETTO / CHOCOLATE / CHAI / MARSHMALLOW /
HONEY / WHIPPED CREAM



V60

- BREW BAR -

8oz 2.500

16oz 4.500



CHEMEX

- FRAPPÉ (12OZ) - COFFEE WITH ICE CREAM & WHIPPED CREAM

CLASSIC FRAPPÉ.....	3.200
MOCCA FRAPPÉ	3.400
CARAMEL FRAPPÉ.....	3.400

- ICED COFFEE (12OZ) - DOUBLE ESPRESSO ON ICE

ICED COFFEE (12OZ)	2.700
ICED LATTE (12OZ)	3.000

13% VAT NOT INCLUDED - 10% SERVICE NOT INCLUDED